

# Matcha Mint Chocolate Chia Pudding

## Ingredients

- 1/4 cup chia seeds
- 1 ½ cup Epigamia Almond Milk (unsweetened)
- 1/2 tsp mint extract
- 1 1/2 tbsp matcha powder
- 1/2 tbsp maple syrup or organic honey
- 2 bananas (frozen)
- 2 tbsp cocoa powder (unsweetened)

## Instructions

1. Mix chia seeds, Epigamia Almond Milk, mint extract, matcha powder, and maple syrup in a bowl, and whisk until everything is mixed properly.
2. Plate in a container in the fridge for 1 hour or overnight until firm.
3. Once ready, remove from the fridge and whisk again to make sure there are no lumps. If your pudding is too thick, add some more Epigamia Almond Milk.
4. For the top layer, add bananas, cocoa powder, and Epigamia Almond Milk in a blender and blend until smooth.
5. Layer your chia pudding and chocolate smoothie into a glass or a mason jar and serve!